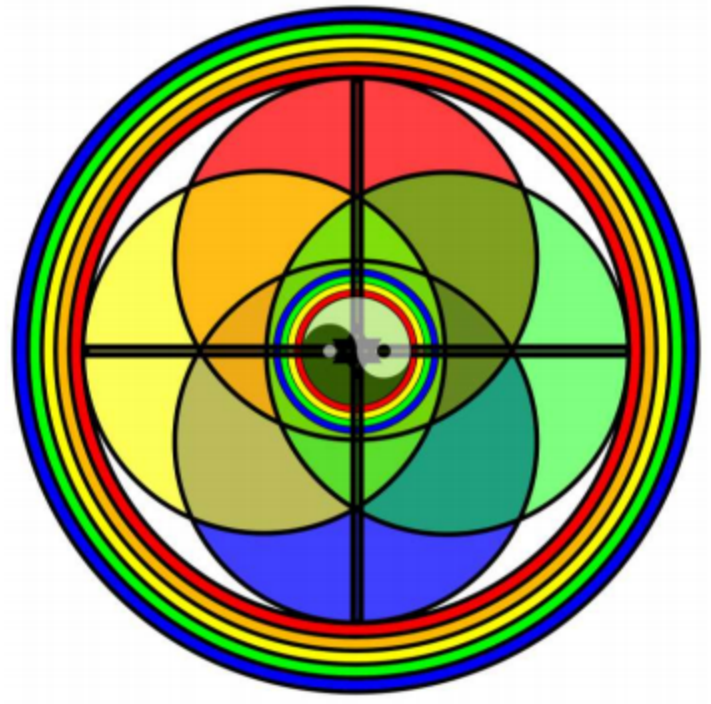




I. Defining

1. **Conscious** - Aware of and responding to one's surroundings; awake. Similar to; Aware, awake, wide awake, compos mentis, alert, responsive, reactive, feeling sentient, painfully aware of; sensitive to
 - a. Conscience - An inner feeling or voice viewed as acting as a guide to the rightness or wrongness of one's behavior. A cognitive process that elicits emotion and rational associations based on an individual's moral philosophy or value system. Similar to; sense of right and wrong, sense of right, moral sense, still small voice, inner voice, voice within, morals, standards, values, principles, ethics, creed, beliefs, compunction, scruples, qualms



- i. Science - The intellectual and practical activity encompassing the systematic study of the structure and behavior of the physical world through observation and experiment
- ii. Scientific Method - A method of procedure that has characterized natural science since the 17th century, consisting in systematic observation, measurement, and experiment, and the formulation, testing, and modification of hypotheses. "Criticism is the backbone of the scientific method"

2. **Culture**
 - a. [Biology] a medium designed to support the growth of microorganisms or the cells of a plant or animal
 - b. [Social Sciences] (1) the social behavior and norms found in human societies. (2) A culture is the set of customs, traditions, and values of a society or community, such as an ethnic group or nation. (3) Culture is the set of knowledge acquired over time. (4) Culture as an attribute of the individual is the degree to which they have cultivated a particular level of sophistication in the arts, sciences, education, or manners.

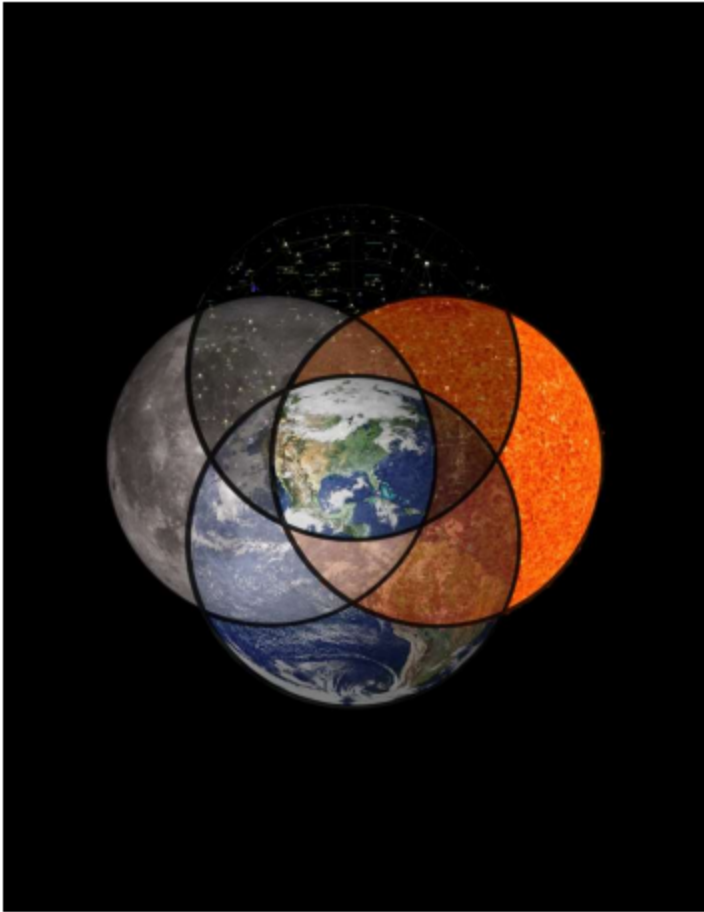


LATIN
con- with
LATIN
scire know
LATIN
conscire
LATIN
conscient- being privy to
LATIN
conscientia
OLD FRENCH
conscience inner thoughts or knowledge
Middle English

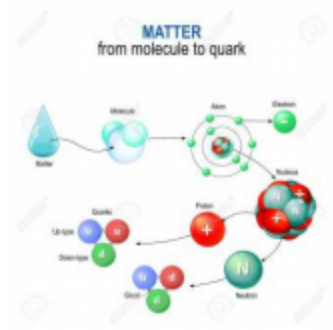
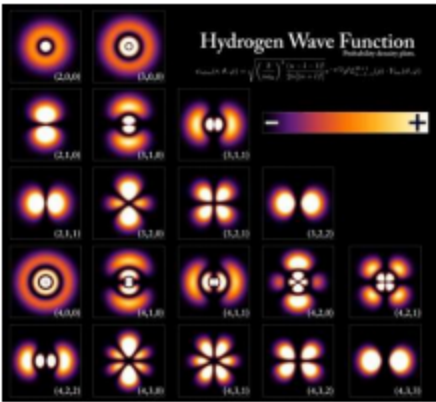
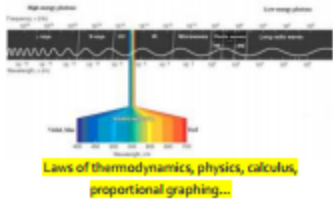
Insert image of the categorization of human behavior etc. 1. (Intra psychic a. biological b. psychological c. sociological d. spiritual. 2. (interpersonal) 3. Intra Group. 4. Inter Group 5. circles within one (intrapyschic) circle of 4, then

II. Historical Definition(s)

1. **Conscientia** (106-13BC - Cicero) - (A) Knowledge with shared knowledge. (B) "The knowledge that a witness has of the deed of someone else."
2. **Conscience** (1668 - Hobbes) - Where two, or more men, know of one and the same fact, they are said to be conscious of it one to another
3. **Consciousness** (1690 - Locke) The perception of what passes in a man's own mind
4. **Conscience** - (1701 - Descartes) - Internal Testimony
5. **Collective/Creative Conscious/Conscience** (1893 - Emile Durkheim) - The totality of beliefs and sentiments common to average members of a society which forms a determinate system with a life of its own.
6. **Double Conscious** (1897 - Frederick Douglass) - "a peculiar sensation, the sense of always looking at one's self through the eyes of others, of measuring one's soul by the tape of a world that looks on in amused contempt and pity. One ever feels his two-ness, - An American, a Negro, two thoughts, two unrecognized strivings; two warring ideals in one dark body, whose dogged strength alone keeps it from being torn asunder."
7. **Collective Unconsciousness** (1916 - Carl Jung) - Refers to structures of the unconscious mind which are shared among beings of the same species. Populated by instincts and Archetypes: Universal Symbols. Distinguished between the "personal", Freudian unconscious, filled with sexual fantasies and repressed images." The collective unconscious comprises in itself the psychic life of our ancestors right back to the earliest beginnings. It is the matrix of all conscious psychic occurrences, and hence it exerts an influence that compromises the freedom of consciousness in the highest degree, since it is continual striving to lead all conscious processes back into the old paths." - Carl Jung in "The Significance of Constitution and Heredity in Psychology" (November 1929)
8. **Class Consciousness** (1923 - Georg Lukacs, Marx Theory) - The set of beliefs that a person holds regarding their social class or economic rank in society, the structure of their class and their class interests. An awareness that is key to sparking a revolution that would "create a dictatorship of the proletariat [working class], transforming it from a wage-earning, property-less mass into the ruling class." - Karl Marx
9. **Cultura Anim** (106-13BC - Cicero) - "Culture" is based on a term used by Ancient Roman Orator Cicero, who wrote of a cultivation of the soul or "the highest possible ideal for human development", "refers to all the ways in which human beings overcome their original barbarism, and through artifice, become fully human". "man's emergence from his self-incurred immaturity, this immaturity comes not from a lack of understanding, but from a lack of courage to think independently. Dare to be wise!", an ideal of individual human refinement, of "the best that has been thought and said in the world", "Culture being a pursuit of our total perfection by means of getting to know, on all the matters which most concern us, the best which has been thought and said in the world." "Culture is a powerful but invisible force, and we must deal with it very consciously."



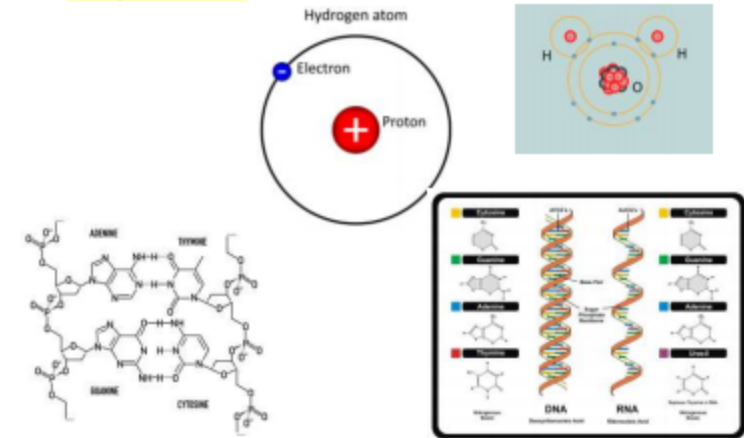
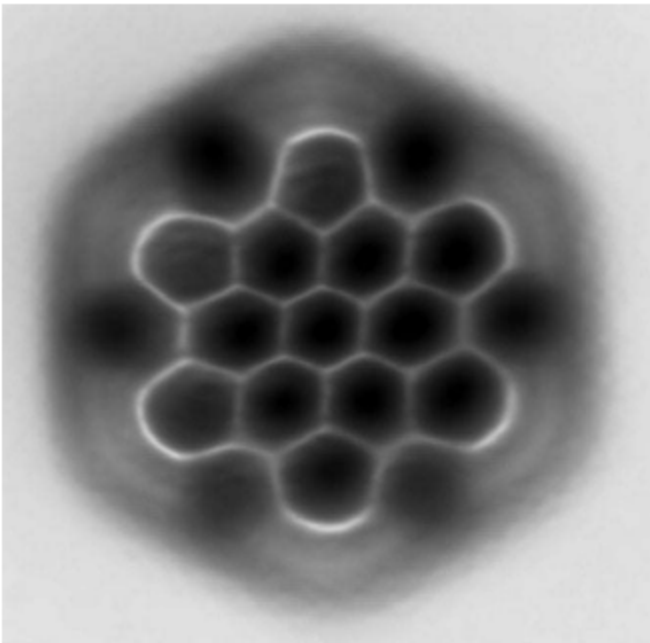
1. Observation(s)



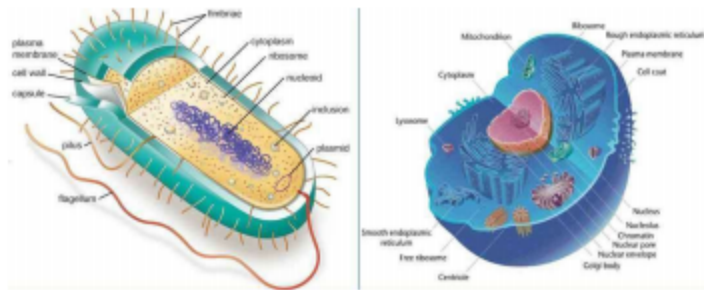
From water molecules to the ocean: 1. ATOMIC Quarks, bosons, hadrons, leptons 2. ATOMIC Protons, neutrons and Electrons 3. Atoms 4. MOLECULAR (inc. bp, 5. Cellular organism [intra-multi-cell division 1 and intraplanetary division 3] 6. Multi-cellular

Group	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Period	1 1 H																	2 He
2	3 Li	4 Be											5 B	6 C	7 N	8 O	9 F	10 Ne
3	11 Na	12 Mg											13 Al	14 Si	15 P	16 S	17 Cl	18 Ar
4	19 K	20 Ca	21 Sc	22 Ti	23 V	24 Cr	25 Mn	26 Fe	27 Co	28 Ni	29 Cu	30 Zn	31 Ga	32 Ge	33 As	34 Se	35 Br	36 Kr
5	37 Rb	38 Sr	39 Y	40 Zr	41 Nb	42 Mo	43 Tc	44 Ru	45 Rh	46 Pd	47 Ag	48 Cd	49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe
6	55 Cs	56 Ba	57 La	72 Hf	73 Ta	74 W	75 Re	76 Os	77 Ir	78 Pt	79 Au	80 Hg	81 Tl	82 Pb	83 Bi	84 Po	85 At	86 Rn
7	87 Fr	88 Ra	89 Ac	104 Rf	105 Db	106 Sg	107 Bh	108 Hs	109 Mt	110 Ds	111 Rg	112 Cn	113 Nh	114 Fl	115 Mc	116 Lv	117 Ts	118 Og

And sand grains to the stars



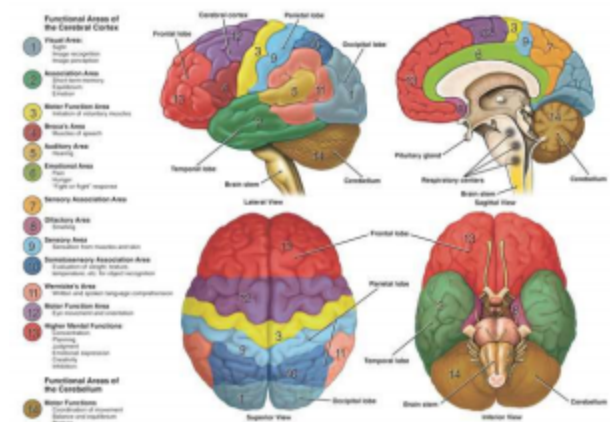
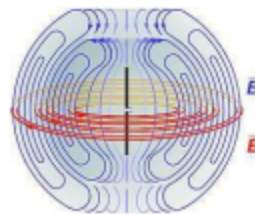
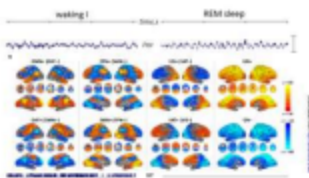
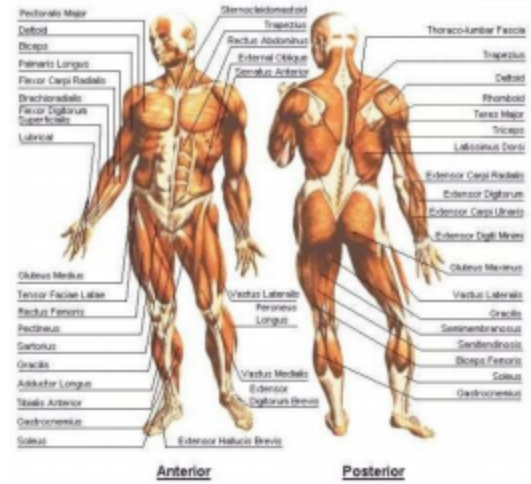
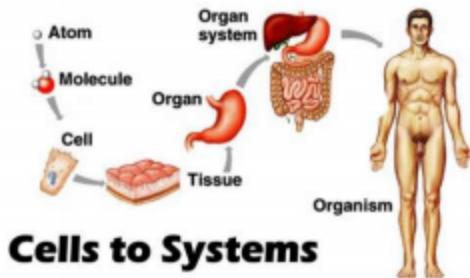
<https://science.sciencemag.org/content/332/6100/126.full>



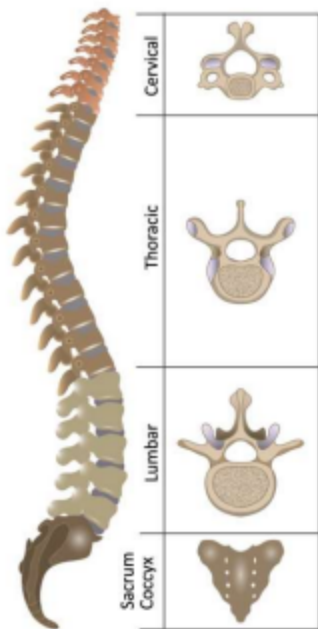
• Natural endogenous, organic entheogens
and synthetic love variants

Introduce concept Hormones, molecular formula for human and
then earth and Sun presented with regards to 80b thims

• Pharmaceuticals in drinking water

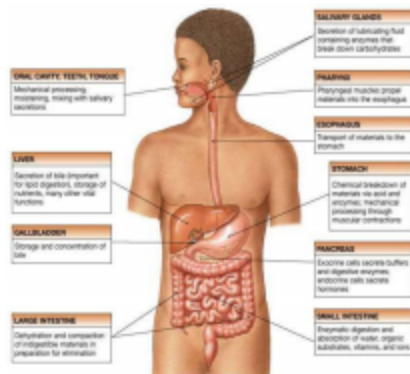


Add heart math citations, yogi rama,



Also replace organ pic with more detailed and

Add wildflowers of cascadia here (move to bio analysis)

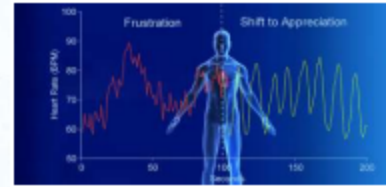


The circulatory and respiratory systems work together to transport oxygen-rich blood throughout the body.

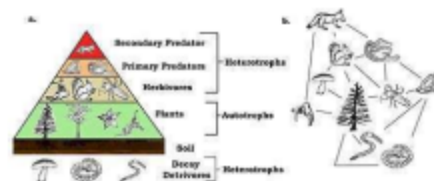
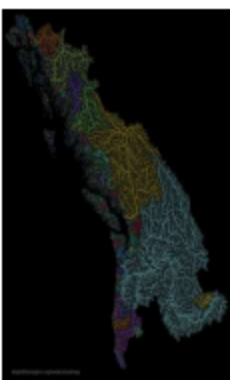
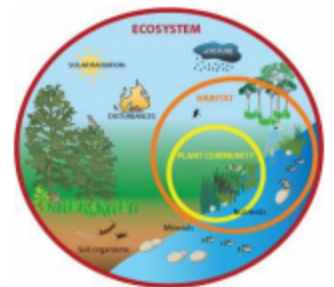
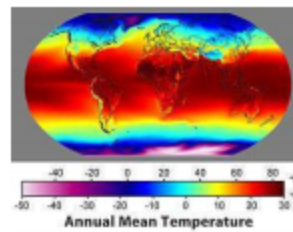
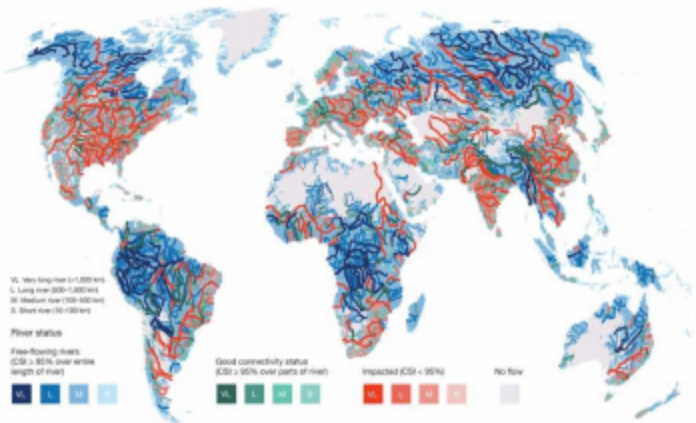
1. Oxygen-rich blood cells travel to the heart from the lungs.
2. The heart pumps enriched blood cells. They travel through arteries to the body.
3. Throughout the body, red blood cells deliver oxygen to cells and remove carbon dioxide.

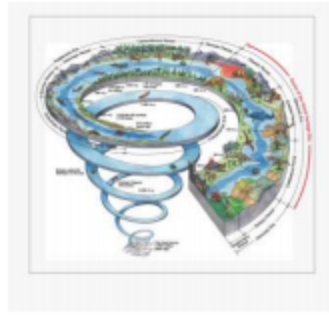


4. Veins carry oxygen-poor blood back to the heart.
5. The heart pumps blood back to the lungs to eliminate carbon dioxide and absorb oxygen.
6. Red blood cells move through the lungs, taking in oxygen and exchanging it for carbon dioxide.

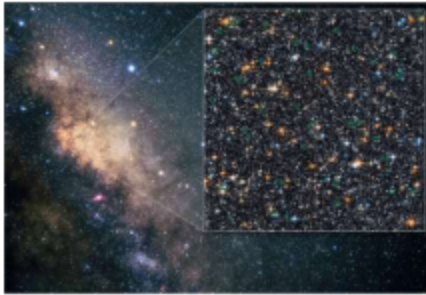


Replace cascadia with larger Pacific temp.



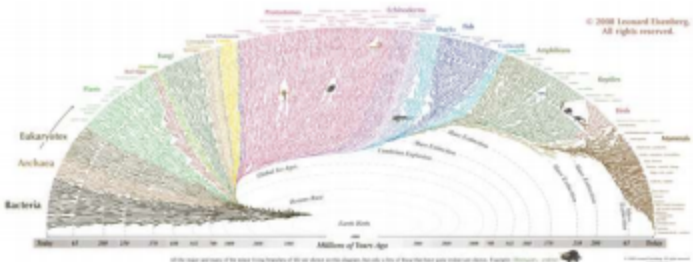


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Timeline of stars and y5o degree mathematics, pte, calculus etc beginning in 3-2k bc

A. Historical Timeline(s)*



Add native treaties, death toll and current to compare analysis to salmon



We know the Babylonians had "recipes" for two forms of the quadratic equation.

$$x^2 + ax = b \Rightarrow x = \sqrt{\left(\frac{a}{2}\right)^2 + b} - \frac{a}{2}$$

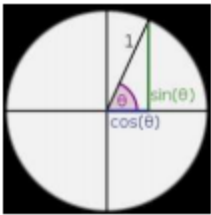
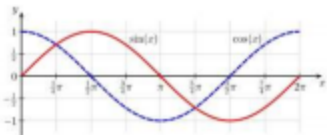
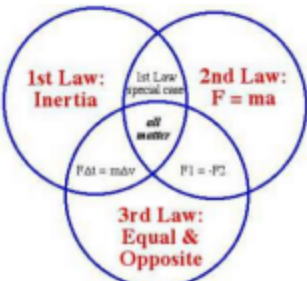
$$x^2 - ax = b \Rightarrow x = \sqrt{\left(\frac{a}{2}\right)^2 + b} + \frac{a}{2}$$

Although we don't know if they had "recipes" for the other forms, we do know that they had techniques for solving these forms.



Edwin smith papyrus – ancient Egyptian medicine





Newton's Laws

43 PHILOSOPHIÆ NATURALIS

De Motu Corporum.

Corol. 4. Eisdem positis, est vis centripeta ut velocitas bis directe, & chorda illa inverse. Nam velocitas est reciproce ut perpendicularium ST per corol. 1. prop. 1.

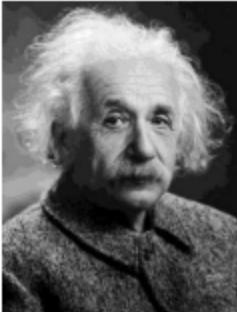
Corol. 5. Hinc si detur figura quavis curvilinea APQ, & in ea detur citra punctum S, ad quod vis centripeta perpetuo dirigatur, inveniri potest lex vis centripetæ, quæ corpus quovis P a curvâ rectilinea perpetuo retractum in figurâ illius perimetro detinebitur, eoque revolvendo describet. Nimirum computandum est vel solidum $\frac{STP \times g \times \frac{ST}{R}}{R}$ vel solidum $STP \times PP'$ huic vi reciproce proportionale. Ejus rei dabimus exempla in problematibus sequentibus.

conscious subject	Relational Levels	world object
1. sensation	right, smell, sound → touch, taste	qualitative richness, individual immediacy
2. perception	logical → attention	distinctness, given properties, qualities
3. understanding	synthetic → reason	total patterns of integrated interaction

Add more historical images

David hume's passions in treatise book 2: of passions

Hegels phenomenology of spirit relational levels and also cycle of master- slave dialectic



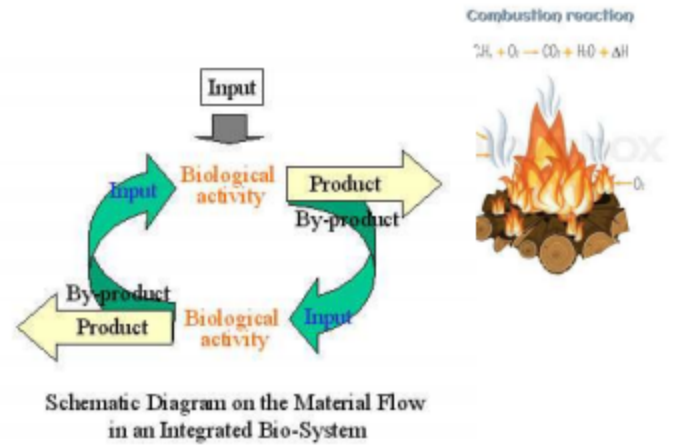
Add quote to Einstein here? Or at end "society worships the servant and forgets the gift"

Social contract – leviathan

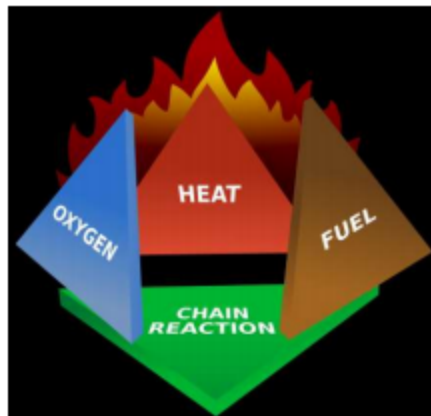
Marx -



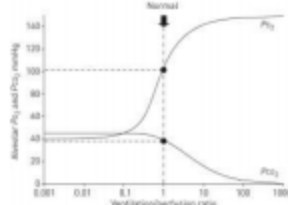
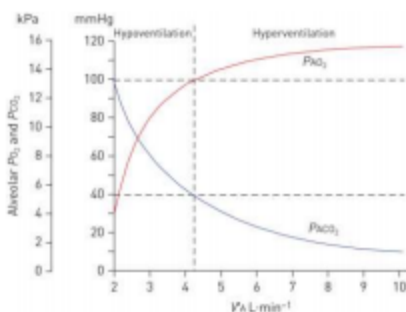
I. The Cave Allegory



Omitted original storyboard comp of fire, breath, humor, attachment



B. Hierarchy of Needs



Maslow's hierarchy of needs

i. Physiological Needs



Reference observations schematic diagram, definition for life, cellular and human needs

Images of air land food, water, to accompany key stats of war

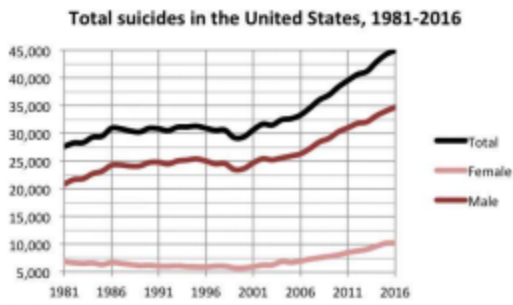


Analysis water babies and seeing pollution in our own water

ii. Safety and Security



iv. Self-Realization and Actualization



D. World Historic Declaration(s)



[illegible]

Table 5: Ringing marks
a) Ringed white woodpeckers

most difficult component
is defining specific conditions

Table 14 - Public Serv

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Table 11 - Public and
Private Expenditure

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LUNDY ET AL. 2003

—

considering that we have
improved our lives

* abuse and confinement
of Native youth, particularly
abuse against

affirming that it gives rights of freedom from

provide the images
General Assembly of

method and interpret
accuracy of procedure are

pharmaceutical

ruths

100

1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 26

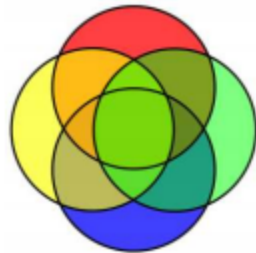
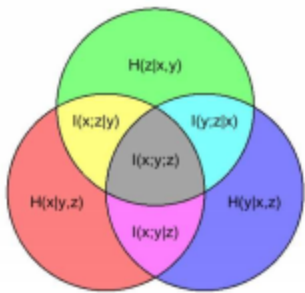
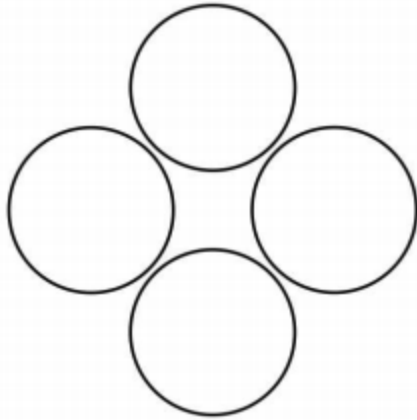
1000

KNOWLEDGE

B. Why is it hard to do something we know is good for us (apply all knowledge for good)

Concentrations		No. of Cells
1:1000	1:10000	
Control	Control	100
1:1000	1:10000	100
1:1000	Control	100
1:1000	1:1000	100
1:1000	1:10000	100
1:10000	Control	100
1:10000	1:1000	100
1:10000	1:10000	100

4. Analysis



A. Biological

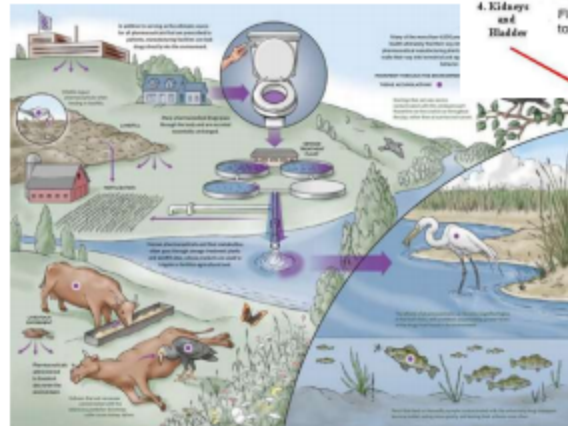
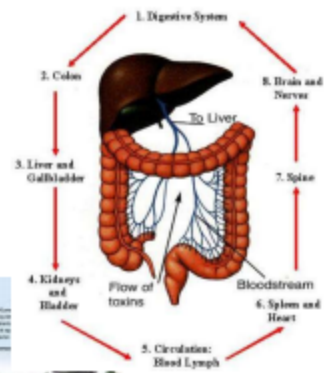
Conditions, air pollution water pollution

Breathing and Digestion

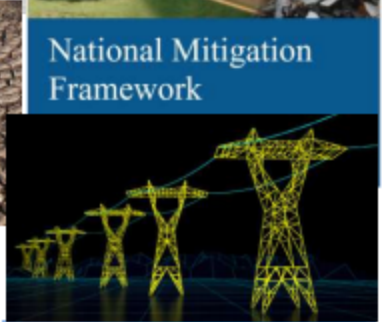
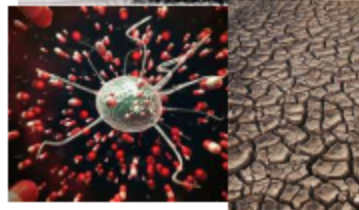
Affected by environmental contaminants

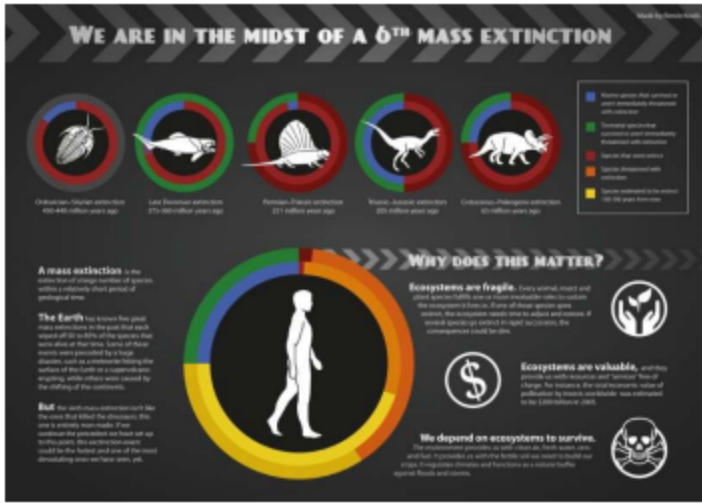
plastic is everywhere in air water and soil – plastic soup foundation

Toxic Stress Cycle



National Mitigation Framework



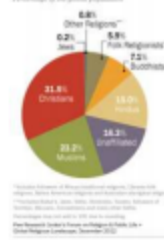


Cascadia Wildflower
Bioregional Practical Applicative Ethical
Pragmatism (ref) specific text with this title or format



B. Psychological

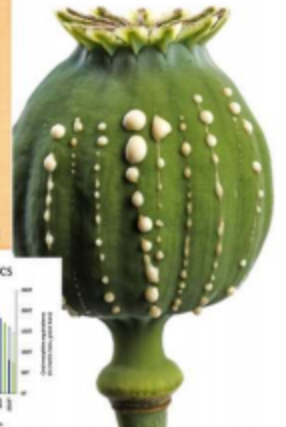
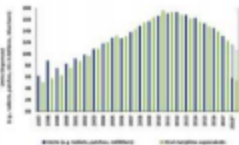
Size of Major Religious Groups, 2010



TEN COMMANDMENTS

1. THOU SHALT LOVE THE LORD THY GOD
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY HEART
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY MIND
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY STRENGTH
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY MIGHT
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY AFFECTION
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY DEVOTION
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY REVERENCE
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY RESPECT
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY ADMIRATION
THOU SHALT LOVE THE LORD THY GOD WITH ALL THY WORSHIP

Prescription Opioid Analgesics



Add suicide onto this comp

Addiction to control as and superiority complex, "power" kazynsc



DRUG CULTURE

Formal processing failures experiments

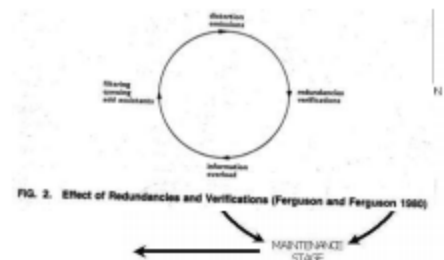
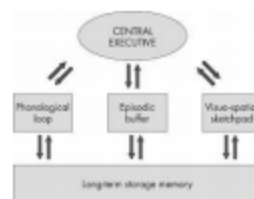


FIG. 2. Effect of Redundancies and Verifications (Ferguson and Ferguson 1980)

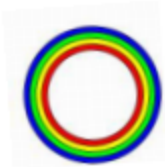
Rainbow, cross, and yin yang

Add grief cycle and other cultures such as addiction or trans theoretical model of change, alchemical cycle, sociology internalization,

The systematic distortion of information on an internal psychological level and on group scales at a sociological level.

Planned format to follow: Biopsychosocial spiritual, and Bella for psych, Davis for social, Adams for

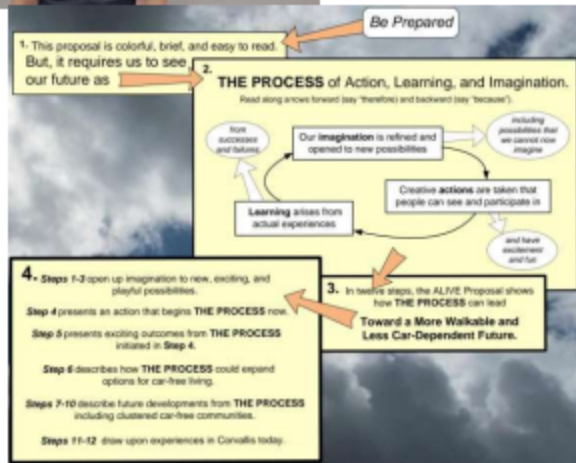
governmental/spiritual. And for biological??



C. Sociological

Big rainbow

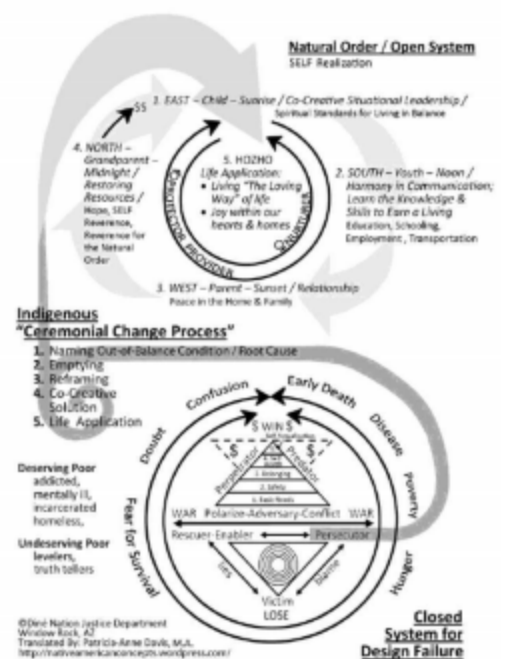
Bronfenbrenner macro media culture influence on addiction statistics park, violence etc



Include alive off as handout, along with the nature of language, ceremonial change process, synopsis on culture of war. All basic laws; recent math "The whole is greater than the parts", parallel the American logo, pluribus Unum, and the snake flag, add model layers brochure and timeline brochure, experiments as well... to be added to simplest promo brochure



©Patricia Anne Davis, MA: www.nativeamericanconcepts.wordpress.com



dated belief", "not enough life support for all"

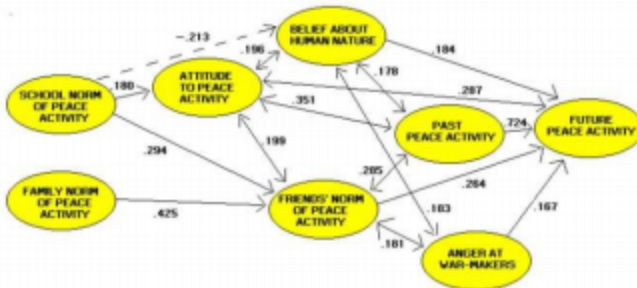


D. Spiritual/ Political

The Myth that War is Intrinsic to Human Nature Discourages Action for Peace by Young People

Table VI. The Structure of Peace Activity

Page 11



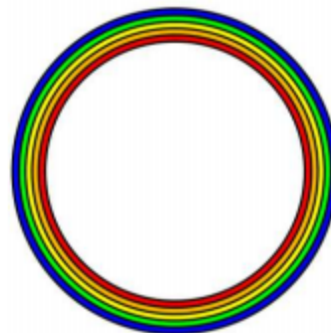
The Structure of Peace Activity. Partialled correlations among the major variables. All correlations shown were significant at $P = .05$ or less. All correlations were positive except for the negative correlation of school norm of peace activity with belief about human nature. School and family norms are treated as antecedent factors because family is not chosen by the subject and school was chosen well before the time of the study. Future activity is treated as a subsequent factor because it was measured one month later than the other variables.

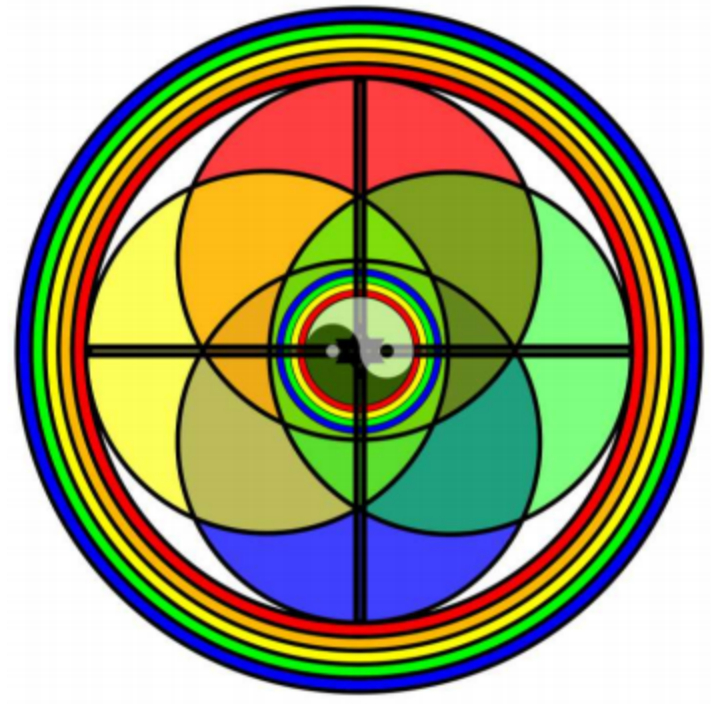
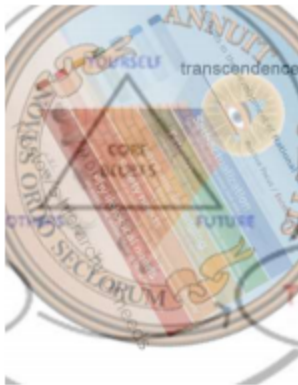
**WOULD IT
BOTHER US MORE
IF THEY
USED GUNS?**



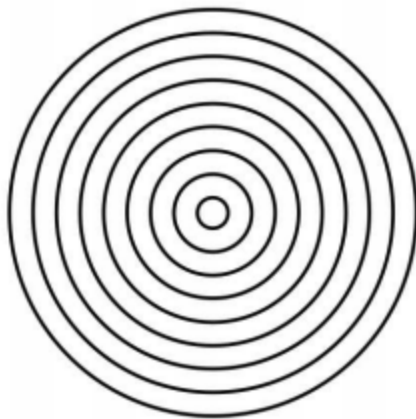
GUNS AND KILL THEMSELVES ALL THE TIME

Lead the social movement page with this image? And ANSWER: "NO, THEY USE





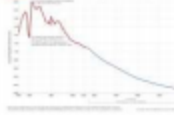
5. Conclusion



A. Formal Processing Needs, Beliefs and Barriers

Returning to the cave

World population growth rate (1950-2050)



standard of living

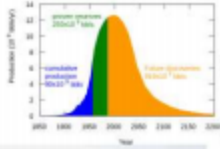
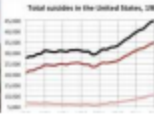
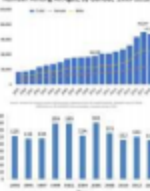


Figure 3. National drug overdose deaths



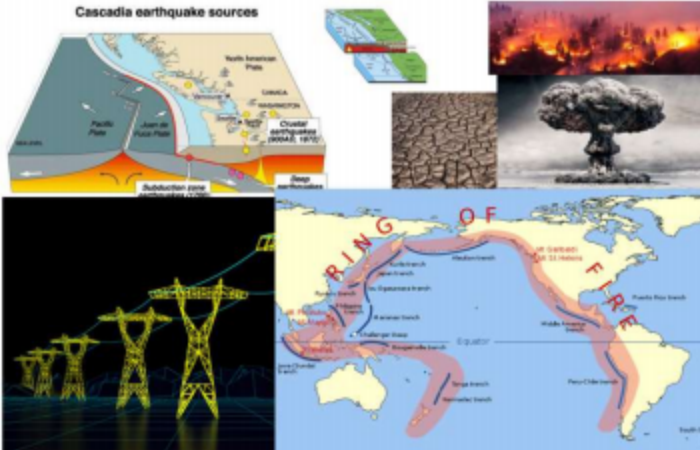
Add whole eco city chapter

include Swiss bunker constitution and follow with quote from be Skinner that neurosis is a product of the external conditions

Add Peter berg letters from Japan "one day the mayor of San Francisco will walk out onto the bridge to greet the salmon returning"

Other Peter berg quote on retraditionalizing man in *

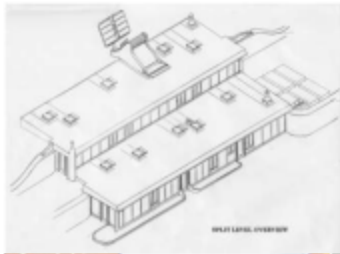
Follow up with Buckminster fuller synthetics "The specializing of man"



Cc: collaborative/cojcreative/celebration civilization

Breathing lesson related to fire lesson early or in analysis





The six principles of earthships

- Building with recycled materials
- Passive temperature control
- Generate own electricity



The six principles of earthships

- Harvest own water
- Contained sewage treatment
- Own food production



The Global Village Construction Set (GVCS)

The GVCS is an open source platform of the 50 industrial machines that it takes to build a small civilization with modern comforts - from abundant natural resources. Each machine is designed for low cost, without sacrificing performance. This is accomplished via a global effort of open collaboration.

Sectors:



Backhoe		Earth Rock Pile	
John Deere 9811	\$12,692	Power & Sons PDA-680 12	\$52,500
DIY	\$2,000	DIY	\$4,000
Cost Savings	\$10,692	Cost Savings	\$48,500
Cold Saw		Tractor	
Jet Equipment 414227	\$2,950	John Deere 4325	\$29,700
DIY	\$1,600	DIY	\$6,000
Cost Savings	\$750	Cost Savings	\$23,700
Coverall		Ironworks	
Mobile Manufacturing	\$34,250	Edwards EDWPP120-40	\$20,924
DIY	\$8,000	DIY	\$6,500
Cost Savings	\$26,250	Cost Savings	\$14,424

Everything Open Sourced

Everything One Community is creating is being open sourced specifically so others can easily replicate our designs or build their own creations using our designs for inspiration.

We're supporting this with video tutorials, web-based tutorials, and printable tutorials covering all aspects of design, construction, and maintenance. We're further supporting replication with ongoing FAQ updates, online problem-solving guides, and a database for sharing the implementations and evolutions of others. The complete open source sharing process covers the design and implementation of all structural details, plumbing, electrical, HVAC, equipment selection and installation, permitting, and more:

- Labor Investment and Experience Sharing
- Materials Costs and Acquisition Guides
- Tools and Equipment Needs Guides
- Licensing and Permitting Guides
- Control and Automation Systems
- Hydronic Systems Design
- Sustainable Energy Implementation
- LEED Platinum Eco-lighting
- Open Source Eco-kitchen
- Open Source Eco-laundry
- Natural Pool and Eco-spa
- DIY Pallet Furniture
- DIY Pipe Furniture
- Open source software for tracking, coordinating, and future collaboration on all of the above

View the Online Open Source Hub:
www.OneCommunityGlobal.org/
 Duplicable-City-Center

Highest Good Food

Food www.foodcommunityinstitute.org/highest-good-food

For a sustainable food infrastructure, it is important to build food that is produced in a way that is good for the planet, good for the people, and good for the community. The highest good food is the food that is produced in a way that is good for the planet, good for the people, and good for the community.

Botanical Gardens

Why Botanical Gardens?

Botanical gardens are important for the environment, the community, and the economy. They provide a place for people to learn about the natural world, to enjoy the beauty of the natural world, and to support the local economy. Botanical gardens also provide a place for people to learn about the importance of the natural world and the role of the community in the natural world.

Why Build a Roof House?

Building a roof house is a great way to save space, to protect the environment, and to support the local economy. Roof houses are built on the roof of a building, so they don't take up any space on the ground. They also provide a place for people to live, to work, and to play. Roof houses are also a great way to protect the environment, because they don't require any land to be cleared. Finally, roof houses are a great way to support the local economy, because they provide a place for people to live, to work, and to play.

Why Build Roof Houses?

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Duplicable City Center



17,000+ Square Feet (1,580 sq meters)

Number of Units: **40+**

Construction Cost: **300+**

Public Recreation: **8**

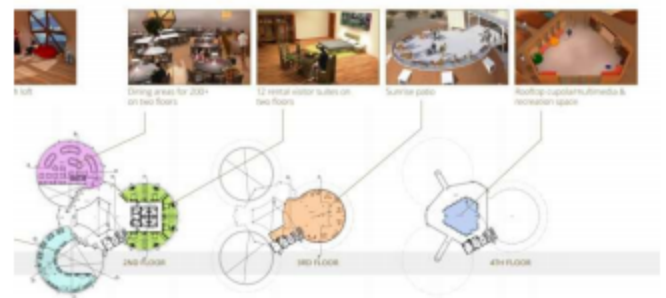
Large Group Meeting Space: **4**

Dining: **200+**

Laundry: **300+**

15 Community Spaces

Estimated Cost: **\$2,467,000**



Container Village

The Container Village is a sustainable, eco-friendly community that uses recycled shipping containers to build homes, offices, and public spaces. It is a great way to reduce waste, to protect the environment, and to support the local economy.

Why Build a Container Village?

Building a container village is a great way to save space, to protect the environment, and to support the local economy. Container villages are built using recycled shipping containers, so they don't require any land to be cleared. They also provide a place for people to live, to work, and to play. Container villages are also a great way to protect the environment, because they don't require any land to be cleared. Finally, container villages are a great way to support the local economy, because they provide a place for people to live, to work, and to play.



Earthbag Village

The Earthbag Village is a sustainable, eco-friendly community that uses recycled bags of earth to build homes, offices, and public spaces. It is a great way to reduce waste, to protect the environment, and to support the local economy.

Why Build an Earthbag Village?

Building an earthbag village is a great way to save space, to protect the environment, and to support the local economy. Earthbag villages are built using recycled bags of earth, so they don't require any land to be cleared. They also provide a place for people to live, to work, and to play. Earthbag villages are also a great way to protect the environment, because they don't require any land to be cleared. Finally, earthbag villages are a great way to support the local economy, because they provide a place for people to live, to work, and to play.



Add with ecosystem image in page after human (beyond human to system)





THE VENUS PROJECT

beyond politics poverty and war

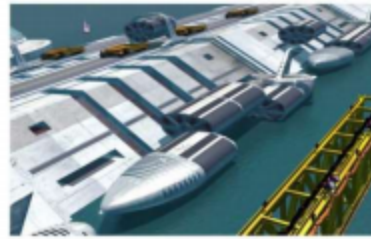


The Venus Project is an organization which offers feasible plans for social change, plans that could attain a peaceful and sustainable global civilization.



PRESS KIT 2012

WWW.THEVENUSPROJECT.COM



B. Affirmation



C. Retraditionalization

Crisis, healing, meaning, modelling, social action, expansion (the poison that ruined a nation) cycle predicts conclusion titles (stats of war = crisis, healing = pseudo community framework, win-win mindset,

Family rehabilitation (whole earth family in order to resolve dissonance of your single-family rehab vs the majority of population with broken family.

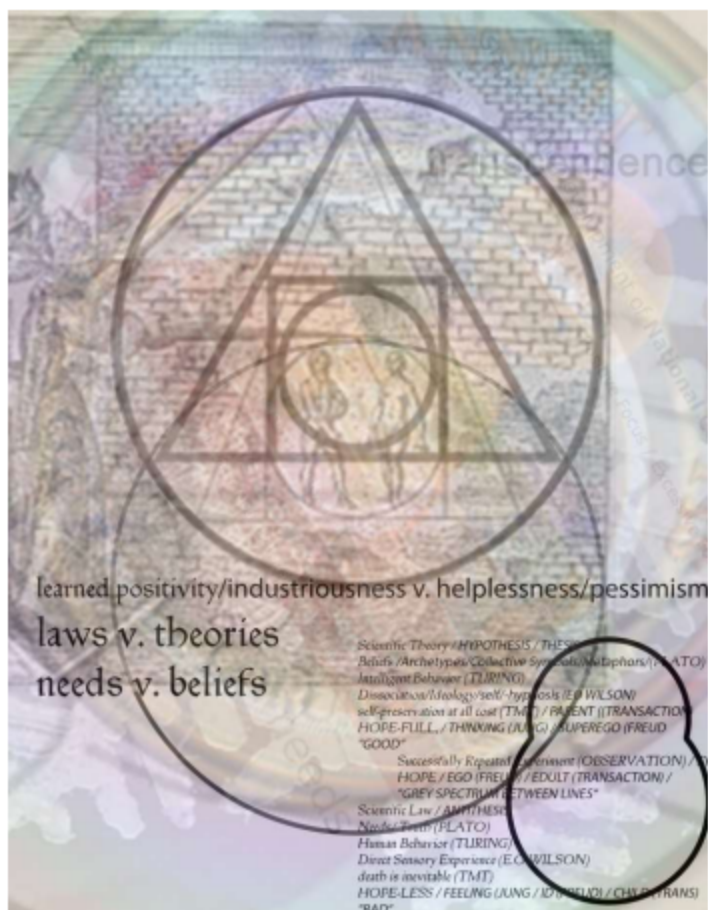


deficient beliefs

1. Buckminster fuller in Synergetics intro and the lost interview video "the idea that there isn't enough for everyone"
2. The belief in man's warring nature, d Adams
 - a. Extras: milgram "trust in authority"
3. The belief in being outside and apart from nature pa davis and social contract and historical quotes and the belief and perpetuation of WIN-LOSE
- 4.



D. Transcendence



Definitions

1. Anomie
2. Pseudocommunity
3. Coherence
 - a. 1: the quality or state of cohering: such as
 - i. a: systematic or logical connection or consistency
 1. The essay as a whole lacks coherence.
 - ii. b: integration of diverse elements, relationships, or values
 1. "The various parts of this house—discrete in color, in shape, in placement—join together with remarkable coherence."—Paul Goldberger
 - b. 2: the property of being coherent
 - i. a plan that lacks coherence
 - c. Dissonance Definition –
 - i. 1a: lack of agreement
 1. the dissonance between the truth and what people want to believe
 - a. especially : inconsistency between the beliefs one holds or between one's actions and one's beliefs
 - b. — compare COGNITIVE DISSONANCE
 - ii. b: an instance of such inconsistency or disagreement
 1. the mingling of bitter comedy and stark tragedy produces sharp dissonances— F. B. Millet
 2. a mingling of sounds that strike the ear harshly : a mingling of discordant sounds
 - d. especially, music : a clashing or unresolved musical interval or chord
 4. Confabulation
 - a. a symptom of various memory disorders in which made-up stories fill in any gaps in memory.
 5. Definition of Inverse and Affirmative Thinking Systems - <https://nativeamericanconcepts.wordpress.com/2011/07/11/definition-of-inverse-an-affirmative-thinking-systems/>
 - a. Win-Lose is No-Win for everyone: scarcity model – limited resources & inequity in resource allocation
 - i. Context: Eurocentric Dualistic – Eurocentric is hierarchy & patriarchy. Dualistic is double-bind#, mutually exclusive and mutually incongruent message
 - b. I. DEFICIENT SELF-IMAGE IN INVERSE THINKING SYSTEM:
 - i. requires remediation process to some ideal end state
 - ii. Destructive & death-producing choices
 - c. Consciousness# → perception → reality is relative → conflict → fighting for rights → NO spiritual morality
 - i. Sub-#
 1. polarize
 - ii. Un-#
 1. adversary
 - d. WAR & religion from Perception
 - e. *A reframe process is out of the Inverse thinking system into the Affirmative thinking system*
 - i. Win-Win: abundant living – equity in resource allocation
 1. Context: Indigenous holographic holistic in natural order

- f. II. PRECIOUS CHILD OF THE CREATOR IN THE AFFIRMATIVE THINKING SYSTEM
 - i. Constructive & life-affirming choices
 - ii. Conscience – Indigenous – reality is exact in natural order – group consensus – spiritual morality
 - iii. Wisdom & Knowledge
6. Luxury Beliefs
7. Defense Mechanism
8. Evil Eye -
 - a. he evil eye is a curse or legend believed to be cast by a malevolent glare, usually given to a person when one is unaware. Many cultures believe that receiving the evil eye will cause misfortune or injury,
9. Biological defense may refer to:
 - a. Biological defense mechanism, a form of adaptation that promotes the survivability of an organism by protecting it from its natural enemies, such as predators (Anti-predator adaptation) or pathogens (immune system)
10. Spiritual – “are we ready for a true biopsychosocio-spiritual model?”
 - a. the search for ultimate meaning, purpose and significance, in relation to oneself, family, others, community, nature, and the sacred, expressed through beliefs, values, traditions and practices
 - i. Improving the spiritual dimension of whole person care: reaching national and international consensus. Puchalski CM, Vitillo R, Hull SK, Reller NJ Palliat Med. 2014 Jun; 27(5):642-56.
11. Lateralization of brain function (Wikipedia)
 - a. Left brain
 - i. Language
 1. Broca's area (left front lobe)
 - b. Right Brain
 - i. Damage or lesions to the right hemisphere can result in a
 - ii. lack of emotional prosody or intonation when speaking. Right hemisphere damage also has grave effects on
 - iii. understanding discourse. People with damage to the right hemisphere have
 - iv. a reduced ability to generate inferences,
 - v. comprehend and produce main concepts, and
 - vi. a reduced ability to manage alternative meanings. Furthermore, people with right hemisphere damage
 - vii. often exhibit discourse that is abrupt and perfunctory or verbose and excessive. They can also have
 - viii. pragmatic deficits in situations of turn taking, topic maintenance and shared knowledge.
 - c. Left Brain
 - i. Lateral brain damage can also affect
 - ii. visual perceptual spatial resolution. People with left hemisphere damage
 - iii. may have impaired perception of high resolution, or detailed, aspects of an image. People with right hemisphere damage
 - iv. may have impaired perception of low resolution, or big picture, aspects of an image.
 - d. Value Systems
 - i. Rather than just being a series of places where different brain modules occur, there are running similarities in the kind of function seen in each side, for instance how right-side impairment of drawing ability making patients draw the parts of the subject matter with wholly incoherent relationships, or where the kind of left-side damage seen in language impairment not damaging the patient's ability to catch the significance of intonation in speech.[50] This has led British psychiatrist Iain McGilchrist to say that the two hemispheres as having different value systems, where the left hemisphere tends to reduce complex matters such as ethics to rules and measures, where the right hemisphere is disposed to the holistic and metaphorical.[51]
- c. What does this have to do with a profit-making organization? This simple quote sums it up well: “I took the position here because if a company cares that much about outside causes, then I know they are invested in treating me right as an employee.”
- d. culture is the values, principles, and practices of an organization. But what enlivens a culture are the conscious actions. Consciousness is embodied in the way individuals care for each other and build trust between each other. A conscious culture is a true reflection of how individuals act within the four walls and outside the four walls of an organization
5. How to build a conscious culture in your organization
 - a. A strong, healthy –conscious – culture can develop a competitive edge that is hard for others to copy. It will not only maximize the chances of successfully and sustainably meeting the strategy, it will also foster trust-based relationships with stakeholders. It will create engagement. It will make the organization resilient and agile to adapt to changing needs in the environment, and attractive to top talent
6. Conscious culture and leadership mezzanine
 - a. The old model for employee engagement rested mostly on extrinsic motivators – like money, bonuses, benefits and titles. Today, it's been proven that people are more motivated by intrinsic value and meaning in their work.
7. The 4 Principles of Conscious Capitalism
 - a. If you had a chance to implement a system that would bring in 10 times more profit, would your first thought be about what you'd have to give up to do so?
 - b. The truth is that by doing business the right way – being truly authentic, sticking wholeheartedly to your ethics and morals, and caring more about your customers and employees than your shareholders – you can achieve that gain without losing your soul.
 - c. A values-based culture is one that is intentional about how people act and perform. When a culture is not defined and enforced, your people aren't all moving in the same direction
8. Conscious Culture in our distribution center
 - a. What's a conscious culture? It's one that's built on values and principles that serve as the guidelines for every decision that employees make. This allows them to feel safe and secure and work together day in and day out toward the same common goals for our business.
9. Conscious Culture – first steps family farm and blog
 - a. Choice is certainly empowering and requires responsibility to use it for the good. The power of choice modern humans face on a daily basis demands a degree of consciousness that was not as necessary for our ancestors. In the old world, culture was generally geographically limited, and social structures were more rigid. People had customs, wisdoms and traditions that were handed down to them, which dictated to a great extent how they conducted their affairs. In many cases, these customs were culturally enriching, and protected people from making bad life's choices, but sometimes had the opposite effect. The task at hand for our generation is to carefully scrutinize these customs and historical knowledge, keep those that help us, leave behind those that don't, and even create new ones that take us to a new level of human flourishing.
 - b. The task of the consciously cultured individual is to gracefully steer this social transition toward richer lifestyles and stronger communal bonds between people that ultimately result in true human flourishing.
 - c. The consequences of science and technology can be roughly placed into two groupings:
 - a. They give power to know and do things we couldn't know or do before. This can be used for both good and bad purposes.
 - b. Because of this new knowledge and power, they tend to replace previous social structures which they render obsolete.
 - d. Here are a few examples from various cultural categories to illustrate:

Google Search Results for “Conscious Culture”:

1. FEMA, Federal Emergency Management Agency
 - i. Guiding Principles – shared risk-conscious culture
 1. A shared risk-conscious culture is aware of the fact that the future is not free of risks.
 2. Community leaders evaluate a wide variety of threats and hazards in order to assess risk.
 3. Through a shared risk-conscious culture a community can achieve resilience.
 - ii. 2019 Cultures of preparedness
 1. Guiding Principle 1: Trust
 2. Textbox: Building Trust and Communicating across Cultures (pg. 16)
 3. Best Practice: Lavender Seniors of the East Bay (LGBTQ Community)
 4. Textbox: Historical Trauma: Trust Issues that may be Hidden to Newcomers p.17
 - iii. National Mitigation Framework
 - iv. R 7.16.17
 1. 14% saw preparedness as a Part of Life and were more likely to have started preparing or have been prepared for an extended period of time.
 2. 21% were Working on It and have taken some preparedness actions but perceived low levels of risk.
 3. 18% said preparedness was On Their Mind and perceived themselves to be at high risk, but were unlikely to act on fear and take preparedness actions, and
 4. 46% said preparedness was Not on Their Radar (FEMA, 2014)
2. The Fourth Tenet
 - i. Culture is a powerful but invisible force, and we must deal with it very consciously.
 - ii. “Culture is the biggest coercive persuader in society; if you do not conform to cultural
3. 4 Stages of Consciousness Culture
 - a. Unconscious unintentional culture
 - b. Intentional learning and understanding
 - c. Conscious culture
 - d. Intentional review, reinforcement and adaption (Likened to scientific method/peer review)
2. Conscious Culture – Conscious Capitalism
 - a. A Conscious Culture fosters love and care and builds trust between a company's team members and its other stakeholders. Conscious Culture also includes accountability, transparency, integrity, loyalty, egalitarianism, fairness, and personal growth, acting as an energizing and unifying force that truly brings a conscious business to life.
3. Creating conscious culture through conscious leadership
 - a. Inclusion. Trust. Belonging. Going beyond perks to focus on purpose
4. Crafting a Conscious Culture
 - a. 39% of Millennials take a look at [a review of what an organization's cause is] prior to [a job] interview. During the interview,
 - b. 55% were influenced to take the job. [if cause work is discussed]
- a. Music [/media/art]
 - d.a.i. makes it possible to expose ourselves to music that glorifies sub-optimal lifestyles
 - d.a.ii. The sheer accessibility of recorded music reduces the incentive for people to make music themselves
 - d.a.iii. [Most all productions come from the privileged world that relies on and subliminally advertises egotistical domination and exploitation in some form, few to none popular sources encourage people to become aware of and change the 3rd world exploitation]
- b. Farming
 - d.b.i. Agricultural knowledge and technologies make it possible to farm in ways that don't enhance our common earthly home.
 - d.b.ii. Because it takes so few farmers to feed society, most people grow up disconnected from the process of growing their food.
 - d.b.iii. [More people are distanced and subsequently vulnerable to effectively surviving an emergency or long-term disaster]
- c. Eating [... Breathing, drinking,]
 - d.c.i. It is now very easy for anyone to consume foods with ingredients they cannot pronounce, and which aren't good for their bodies.
 - d.c.ii. It tends to discourage people from making food for themselves in their own homes, and sharing their creation with friends and family.
- e. The bottom line:
 1. Take a positive approach rather than negative. Technology has amazing power for both good and evil, and it's up to us to choose and use them wisely. Complaining takes energy, and generally doesn't accomplish much, so be like Gandhi and “Be the change you want to see in the world.”
 2. Always try to see the unintended consequences, and figure out how we can use our modern advantage to steer clear of them.
 3. Understand that we are part of a big story, and the story unfolds in our own lives every single day. The more we are aware of our own history, and where we came from, and why, we can be better oriented moving this great story forward.
 4. Everything you do matters! We are all part of this story, whether we want to or not, and the choices we make every single day determine the culture we live in. “Culture” is nothing other than a word to describe the ways that people have chosen to live their lives. The way we live our lives defines our culture.
 5. Although it is completely necessary to look to the past to learn from our predecessors, we shouldn't want to recreate the past. History is dynamic, and it is just unrealistic to try to freeze it in time. We should take what is worth keeping, leave the rest, and be ready for the fact that even those same values might take a different twist in a modern world. For example, we can expect to see cultural customs being determined less on a locality basis, and more on a household basis. Different families are going to draw from different cultural heritages, and within any given city, there will be households celebrating the very same holiday in different ways. Our task is to take these differences, learn from them, weave them together into many beautiful harmonies, appreciate both our differences and common values, and still continue to form strong local bonds with our neighbors in spite of cultural differences.

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 - ii. b. providing the IT systems of the protection & support service;
 - iii. c. procuring equipment and material for protective premises;
 - iv. d. procuring standardised material for the protection & support service.

- b. Article 45 Principle, Each resident shall have the right to a place in a protective shelter near to his or her home.
 - c. Article 46 Obligation to construct
 - i. When building houses, homes and hospitals, the property owner shall be obliged to provide, equip and
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aa. PATRIOT ACT - H. R. 3162 One Hundred Seventeenth Congress of the United States of America AT THE FIRST SESSION Begun and held at the City of Washington on Wednesday, the third day of January, two thousand and one An Act To deter and punish terrorist acts in the United States and around the world, to enhance law enforcement investigatory tools, and for other purposes. Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, SECTION 1. SHORT TITLE AND TABLE OF CONTENTS. (a) SHORT TITLE.—This Act may be cited as the "Uniting and Strengthening America by Providing Appropriate Tools Required to Intercept and Obstruct Terrorism (USA PATRIOT ACT) Act of 2001"

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ii. Britannica information theory

1. Many researchers (being human) expected that the human brain would show a tremendous information processing capability. Interestingly enough, when researchers sought to measure information processing capabilities during "intelligent" or "conscious" activities, such as reading or piano playing, they came up with a maximum capability of less than 50 bits per second. For example, a typical reading rate of 300 words per minute works out to about 5 words per second. Assuming an average of 5 characters per word and roughly 2 bits per character yields the aforementioned rate of 50 bits per second. Clearly, the exact number depends on various assumptions and could vary depending on the individual and the task being performed. It is known, however, that the senses gather some 11 million bits per second from the **environment**.

2.

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